

CALUMET  
PO BOX 236 WEST OSSIPEE, NH 03890  
*Registration Office 603-539-3223 x221 fax 603-539-3385*  
*Bonnie@calumet.org*

## TO PARENTS AND GUARDIANS OF 2012 CALUMET CAMPERS

We're excited to have your child as a Calumet camper. There will be lots of love flowing in this place where Christian values are taught and lived. You can rest assured, knowing that we are taking every step to insure every child's safety and we feel confident that he or she will have a fantastic time, make new friends, become closer to God, have lots of fun, eat well, enjoy a wide variety of activities, sing, play, laugh, and learn more about themselves and others.

Please review all the details of this material before the camping session begins.

### PLEASE NOTE:

- Please make copies of all paperwork before you send it along to us.
- ALL paperwork and fees must be received at Calumet at least 4 weeks prior to arrival at camp.
- A \$50 fee will be charged for forms not completely filled out and/or returned to Calumet at least 4 weeks prior to arrival.
- Health Exam needed - call and make your child's doctor's appointment now! If your child's status has changed since their last physical, please be sure to provide us with updated info.
- Campers are not allowed to have electronics: cell phones, electronic games, CD players, ipods, etc.
- Camp must be notified of any food allergies 1 month prior to your child's arrival at camp.

### BEFORE COMING TO CAMP:

1. Calumet requires that you and your health care provider complete a new Health Form every year. New Hampshire State Law requires a health exam within 2 years of camp attendance. Enrollment will be denied to campers who do not have their Health Form completely filled out and properly signed. **A new Calumet Health Form must be completed each year including page 5 which must be signed by your health care provider. A generic form stating you child is cleared for camp/sports activities may be substituted for page 5. Page 5 or the generic substitution must be signed and dated within the last year.**
2. **The Reservation Office must receive at least 4 weeks prior to arrival at camp;**
  - Tuition balance
  - Health Form with photo of child if they will be taking medications while at camp
  - Camper Pick-up Letter
  - Letter to the Counselor including signed acceptance of Calumet Rules for Campers
  - Bus Fee if using Calumet transportation
  - Souvenir Order Form (optional)
  - Notification of food allergies

**This is a lot of paperwork!!**

**There is a lot that needs to be done to ensure that your child has a safe and enriching camp experience. Please fill out the necessary paperwork as fully and accurately as possible and return it to us as soon as you can.**

**Together we can make this the best summer ever!**

**Please follow the Checklist for Completion of Camp Forms  
included in this packet to assure that all paperwork is  
completed correctly before the deadline.**

**CHECK-IN ON SUNDAY:**

1. Check-in time is 2-3:30 pm on Sunday. No campers will be allowed to register prior to 2 pm. Arrivals after 3:30 pm will experience some inconvenience because staff and campers become involved with program activities.
2. Campers arriving by automobile should look for the sign indicating SUNDAY REGISTRATION. You will be greeted and checked-in there. If all your paperwork and financial details are in order, you will be sent directly to your cabin or tent; otherwise, you will be sent to see the registrar who will be at a picnic table in front of the Resident Camp Office. Once the check in process begins at 2:00 PM, campers are moved quickly to their cabins.
3. Because of the limited parking on camp, Check in of campers arriving by car will not begin until campers arriving on buses are checked in and buses have left the parking areas.
4. Please clearly mark the camper's name on all luggage, sleeping bags, pillows, etc.
5. Optional tours of Calumet for parents begin from the front of the Resident Camp Office throughout Sunday afternoon. Campers will receive a tour as part of their orientation.
6. A camp nurse will be available at the Health Center to take medications and discuss any medical concerns you might have with regard to your child.
7. Sunday worship is at 10 am in the Outdoor Chapel (rain location Luther Hall). Guests are always welcome to worship at Calumet.
8. A reasonably priced BBQ lunch is offered from 12-2 pm at the Campground Beach (rain location - Conference Center). Everyone is welcome!

**MEDICATIONS:**

1. Any medication that a doctor requires to be administered at camp must be in its original pharmacy container labeled with the name of the person, name of the medication, dosage, and frequency of administration. Please send only the correct amount of medication. Your physician's written authorization to administer medications both prescribed and over-the-counter meds (including vitamins) not on the over the counter list must appear on the health form.
2. All medicines are kept in the Health Center and administered by our nurses. The exceptions are: off-camp trips when Calumet staff gives medications under the direction of the nurse; and asthma inhalers and epi-pens with the written authorization from your health care provider for self-administration.
3. **Do not send over-the-counter medications** listed on page 2 of the Health Form. Our Health Center is well stocked with first aid and other medications for any conditions that might arise. A parent/guardian signature is required giving permission for your child to have these over-the-counter medications administered if necessary. Please cross off any medication that you do not want your child to be given.
4. At the end of the camping session, parents should pick up medications at the Health Center before departing for home. All medications not picked up will be destroyed.

**BUS INFO:** Calumet Charter Transportation is available to and from 4 locations. Waltham, MA, Worcester, MA, Vernon, CT, and Newington, CT. Reservations are required at least four weeks prior to camp and are refundable with a four-week notice. Directions to these locations, arrival & departure times, and additional information is available on our website [www.calumet.org](http://www.calumet.org). Late reservations are subject to availability.

**CABIN ASSIGNMENT:** Cabins are assigned by age. **Mutual** requests from your child and **one** friend for the same cabin will be honored if they are the same age and attending the same session(s). **The request must be made on the registration form.** This request will be honored if all paperwork is received at Calumet at least **four weeks** prior to your arrival at camp. Additional requests cannot be guaranteed. **Cabin changes are not made on registration day.**

### **CHECK-OUT ON SATURDAY:**

1. Checkout time is 9:30-11 am on Saturday. Campers should be picked up at their cabin/tent. Go directly to the area you parked at when you dropped off your camper.
2. **Campers will be released only to the person(s) designated by the parent/guardian on the enclosed Camper Pick-up Letter.** We require the signature, and identification may be requested, of the person who is picking up your child (INCLUDING PARENTS) both at camp and at the bus pick-up location.
3. You may fax any last minute changes. Please call the Reservation Office first to let us know you are going to be faxing a change.
4. Parents should pick up camper medications at the Health Center before departing for home. Medications which are not claimed will be destroyed.

**VISITORS:** Campers are not allowed to have visitors (even parents) during the time of their session at Calumet.

### **CORRESPONDENCE:**

1. **WRITE LETTERS and send cards to your child.** Put your child's name (and cabin or tent # if you know it) and the Camp Calumet address on the envelope. Campers love to receive mail.
2. **Do NOT send packages.** All packages are opened by the camp directors Necessary items (not candy or food) will be delivered to your camper. Other items may be picked up in the office upon departure. Please notify friends and family of this policy. The only exception is for a necessary clothing item or medication left at home. Send it "attn: Camp Director" and we will see that it is given to your child.
3. **Do NOT send emails.** Good old-fashioned mail is the way to go!
4. You may send a fax to your child at 603 539-5343. Campers are not allowed to send faxes. Please include your camper's name and cabin assignment.
5. Campers are encouraged to write home at least once a week. It helps if your child comes to camp with pen, paper, and pre-addressed, pre-stamped envelopes.
6. Campers are not allowed to make or receive phone calls. When children come to camp, they - and you - are making a leap of faith, transferring their primary care from you to us. This is one of the growth-producing, yet challenging aspects of camp. As children learn to trust other caring adults, they grow and learn, little by little, to solve some of their own challenges. We believe this emerging independence is one of the greatest benefits of camp. It is one important way your children learn to become resilient. We will call you if your child experiences a challenge in his/her adjustment to camp. You can help by talking with your child before they leave for camp and explaining that there is always someone available to help them solve a problem - their cabin counselor, the unit leader, the camp director, or any staff member they trust.

**TO PREVENT HOMESICKNESS:** Campers don't often stay homesick for very long at Calumet; they are too busy! You can help in the following ways:

1. Assure your child that you want him or her to be able to go to camp because you love them so much.
2. Write cheerful letters. News of what is happening to you is okay; talking about how much you miss your child or what your child is missing by being at camp is not a good idea.
3. Let your child know ahead of time that he or she will be at camp for the whole week or two. It encourages homesickness if you say you will come get your child if he or she does not like camp.
4. Please call if you have any questions or concerns during the time your child is at Calumet.
5. Please don't write to your child to report family tragedies.

**OUR PROGRAM:** Our program is based on a few simple principles - friendship, fun, responsibility, and faith in God. A good deal of time is spent doing activities with the cabin group. They do all kinds of enjoyable activities together. Water games in the swimming area, canoe and sailboat trips, capture the flag, or any number of wild and zany group games we have invented - games that don't necessarily depend on athletic ability. We have a super group-challenge obstacle course, as well as traditional games like soccer, softball, basketball, and volleyball. Cabin groups sometimes hike to Jackman's Ridge or have a cookout in the picnic area. Sometimes they have a meal on the pontoon boat or sleep under the stars around a campfire on the beach. They talk with each other about typical concerns of their age group; the counselor guides Bible Studies and inspirational devotions. They enjoy evening programs together - our games have become famous because they are fun and full of adventure.

Afternoons at Calumet are great! After orientation on Sunday afternoon, campers choose three activities in which to participate for the week. There is no shortage of choices, with each of our departments offering great activity options during each period. We have program departments of Arts and Crafts, Swimming, Boating, Field Sports, Photography, Planet Earth, and Music & Dramatics. Swimming is a required activity for our younger campers. There are lots of choices - every one of them fun and educational.

Two-week campers may go on trips over the weekend and campers age 12 or older may go on overnight trips. Campers on these trips will be transported on Calumet vans or buses.

Our oldest campers have a slightly different program. We find they need a different kind of structure, consisting of more time with their own age group and time doing "small-group" activities. Their "lights out" time is extended, although quiet time is strictly enforced. Older campers often participate in overnight hikes or canoe trips. It is important that they bring sturdy shoes or boots, well broken in for hiking.

Please feel free to send along any sports safety equipment you want your child to use (like knee pads or mouth guards). Every camper may expect to participate in any number of activities like: soccer, basketball, baseball, volleyball, tennis, archery, capture the flag, and similar active sports.

**GROUP PHOTO:** A photo will be taken of your child with their "unit" on Monday morning (units are made up of 5 or 6 cabin groups). Every camper will receive a 5 x 7 photo of their unit group at the end of the week.

**T-SHIRT:** Calumet has a special yearly t-shirt. This t-shirt may be ordered on the souvenir order form or it may be purchased at the Snack Bar Store on registration day.

**SOUVENIR ORDER FORM:** We provide a Souvenir Order Form for ordering clothing items with this packet of information. However, if you are going to be at camp with your child, please buy items then. There is a much bigger selection at the Snack Bar Store.

**HEALTH POLICIES:** Calumet reserves the right to refuse admittance or dismiss from camp any person with a communicable disease, infection, or infestation. The Camp Director, in consultation with the Camp Nurses and/or Health Care Provider, will make this decision. Calumet has a Health Care Provider on call and three nurses in residence. We will call and inform you of any major medical situation. A Health and Accident Insurance Policy covers all Campers. The limits are as follows: Principal sum...\$2,500; Injury...\$2,500; Sickness...\$750; Dental accidents...\$500.

**LAUNDRY:** Campers should come with enough clothes to last for the whole session. Sorry, but we do not have laundry service available to campers.

**CLOTHING AND OTHER LUGGAGE:** Your child does not need a new wardrobe! Clothing your child would normally play in is sufficient. Two week campers may want to bring an outfit suitable for church on Sunday morning. Please be prepared for a wide range of temperatures and weather conditions. New Hampshire is known for unpredictable weather: be prepared for hot, cold, wet, dry and everything in between. A packing checklist is included in this packet.

**LOST AND FOUND:** Please label all clothing, sleeping bags, towels, everything! We will return any items we find only if you call or e-mail within one week and ask us. Please do not send valuable items with your child. *We are not responsible for lost items.*

**TIPPING OUR STAFF:** Counselors are not allowed to accept tips. If you wish to show your appreciation, please make a donation to the annual fund in honor of the counselor.

**ACCEPTANCE:** Campers are enrolled on a "first-come, first-serve" basis. Rules for acceptance and participation are the same for everyone, without regard to sex, race, national origin, sexual orientation or religion. Non-Lutherans are advised that our programs are consistent with the heritage and practices of the Lutheran tradition. Participation in worship and Bible Study activities is expected of everyone. We do not provide for attendance at worship services of other denominations.

**CAMP RULES:** Camp rules are designed for the safety of everyone. The Camp Director may require parents to remove any camper who does not comply.

**Questions? Please call:**

**Reservation Office - Bonnie - 603 539-3223 x 221**

**Executive Director - Karl Ogren - 603 539-4773 x 211**

#### **DIRECTIONS TO CALUMET**

**From Boston, MA:** Rt. 128 to 95\*

**From Hartford, CT:** Rt. 84 to Rt. 90 to Rt. 290 to Rt. 495 to Rt. 95\*

\*Continue on Rt. 95 North toward Portsmouth. Follow signs for Rt. 16 and the Spaulding Turnpike (Exit 4 - left exit). Continue north on Rt. 16 until you come to West Ossipee at the junction of Rt. 25 W (Watson's General Store is on the left, McDonald's is on the right). Take your next right at the blinking light, which is Rt. 41. Go  $\frac{1}{2}$  mile and take a right onto Ossipee Lake Road. Calumet is  $2\frac{1}{2}$  miles down the road. Look for "SUNDAY REGISTRATION" parking signs.

**From Portland, ME:** Rt. 25 W to Rt. 153\*\*

\*\*Turn right off Rt. 25 at Rt. 153 North in Effingham Falls/Freedom, NH. Travel less than a mile and take your first left onto the Ossipee Lake Road. Continue on the Ossipee Lake Road to the stop sign and bear left down the hill. Calumet will be 3 miles down the road. Look for "SUNDAY REGISTRATION" parking signs.

**From Burlington, VT:** Rt. 89 to Rt. 4 to Rt. 104 to Rt. 25\*\*\*

\*\*\*At the junction of Rt. 25 and Rt. 16 in W. Ossipee, turn left (North on Rt. 16). Take your next right at the blinking light, which is Rt. 41. Go  $\frac{1}{2}$  mile and take a right onto the Ossipee Lake Road. Calumet will be  $2\frac{1}{2}$  miles down the road. Look for "SUNDAY REGISTRATION" parking signs.



**For your GPS:** Calumet's physical location is 1090 Ossipee Lake Rd, Freedom, NH 03836

## CAMPER PACKING CHECKLIST

Camp is all about being in and playing in the outdoors. Campers need to bring comfortable clothes that they are able to have fun in and not worry about damaging. Please **LABEL** your child's belongings, including clothes, for easy identification. We will return any items left behind only if you call or email within one week. Campers should come with enough clothes to last the whole session. Sorry, but we do not have laundry service available to campers.

Note especially the "**DO NOT BRING**" list, which applies to all campers.  
Calumet is not responsible for lost items.

### Clothing

- T- shirts
- Long-sleeved shirts
- Sweatshirts or Sweaters or Fleece
- Shorts
- Pants
- Underwear
- Pajamas
- Bathing Suit
- Raincoat or poncho
- Sneakers
- Socks
- Sandals - campers must wear footwear at ALL times
- Clothes that are good for layering—New Hampshire nights can be chilly!

### Bedding

- Sleeping bag/sheets and blankets
- Pillow

### Other Items

- Bible
- Towels (for swimming and bathing)
- Toiletries: soap, toothbrush, toothpaste, shampoo, etc.
- Water Bottle
- Sunscreen
- Old Cotton T-Shirt or Pillowcase for Tie-Dye
- Laundry Bag for dirty clothes
- Stationery, pen/pencil and pre-stamped envelopes
- Flashlight

### Items to consider

- Musical instrument
- Sports equipment: glove, racket, lacrosse stick, etc.
- Camera
- Book (for rest hour)

\* Campers who have finished 8<sup>th</sup> grade may be in "Yellows" and may go on an overnight during their week at Calumet. Two-week campers age 12 and older will be going on weekend trips. These campers will need the following items:

- Good sneakers or broken in boots for hiking
- Wool or polypropylene shirt/sweater
- Raincoat/poncho

### DO NOT BRING

**ANY Electronics including cell phones, ipods, electronic games, CD players, computers, etc., food, money, over the counter medications, valuable jewelry and knives of any kind.**

**These items will be confiscated and returned to the camper at their departure from Calumet.**